# Maryland Strong Roadmap to Recovery

The Roadmap expects that people currently teleworking shall continue to telework for the duration of the State of Emergency. The Roadmap also expects that physical distancing and masking requirements shall continue until the lifting of the State of Emergency.

<table>
<thead>
<tr>
<th>Stages</th>
<th>Impacted Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>‘Stay at Home’</td>
<td>March 30 Order: Stay at home except to conduct or participate in essential activities; Gatherings larger than 10 prohibited; Closure of non-essential businesses</td>
</tr>
</tbody>
</table>

### Reopening ‘Low Risk’ Activities

**('Phase 1')**

Beyond lifting the “Stay-Home” Order, other examples of changes that could be implemented in this stage:

- Small shops and certain small businesses
- Curbside pickup and drop-off for businesses
- Elective medical and dental procedures at ambulatory, outpatient, and medical offices

- Limited attendance outdoor religious gatherings
- Recreational boating, fishing, golf, tennis, hiking, and hunting
- Car washes
- Limited outdoor gym and fitness classes
- Outdoor work with appropriate distancing measures
- Some personal services

### Reopening ‘Medium Risk’ Activities

**('Phase 2')**

Any businesses that reopen during this period will need to comply with strict physical distancing and appropriate masking requirements.

Examples of changes that could be implemented in this stage:

- Raising the cap on social gatherings
- Indoor gyms and fitness classes
- Childcare centers

- Transit schedules begin returning to normal
- Indoor religious gatherings
- Restaurants and bars with restrictions
- Elective and outpatient procedures at hospitals

### Reopening ‘High Risk’ Activities

**('Phase 3')**

Requires either a widely available and FDA-approved vaccine or safe and effective therapeutics that can rescue patients with significant disease or prevent serious illness in those most at risk to reach a full return to normal conditions.

Examples of changes that could be implemented in this stage:

- Larger social gatherings
- High-capacity bars and restaurants
- Lessened restrictions on visits to nursing homes and hospitals
- Entertainment venues
- Larger religious gatherings

---

“Stop Signs” requiring the easing to slow, stop, or even be reversed:

a. An unexpected increase in hospitalizations or a sustained increase in cases requiring intensive care.

b. Indications that Marylanders are disregarding physical distancing guidelines.

c. Significant outbreaks of community transmission (not clusters or outbreaks in particular nursing homes or vulnerable communities) where contact tracing cannot establish the route of the spread.

A sustained increase in cases over a period of five or more days may require the re-imposition of some prior restrictions.